

# IJOT

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# The Indian Journal of Occupational Therapy

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The official language of the Journal is American (US) English.

IJOT welcomes submissions of original scientific research papers, review papers, case reports, preliminary articles, editorials, and specialist issue editorials, on all aspects of occupational therapy. It also includes publication of book reviews & letters to the editor.

The conference (OTICON) abstracts (of oral and e-poster: research papers only), will be published every year in IJOT - Issue 2: April-June.

IJOT - Issue 4: October-December will be the specialty edition every year based on specialty theme pre-decided by the editorial board. This Issue will also include guest editorial solicited to an experienced researcher in the pre-decided theme.

IJOT welcomes contributions/announcements on news, academic events and information related to occupational therapy, allied healthcare and rehabilitative aspects, from all over the world.

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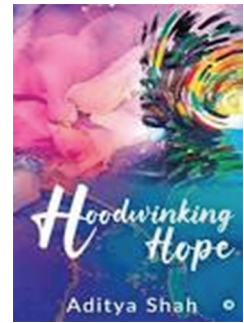
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# Hoodwinking Hope

**Author:** Aditya Shah  
**Title of the Book:** Hoodwinking Hope  
**Year of Publication:** 2021  
**Place of Publication:** Tamil Nadu, India  
**Publisher:** Notion Press Media Pvt. Ltd.  
**Number of Pages:** 406  
**Price:** 450 INR  
**ISBN No:** 978-1-63832-621-2



This book, with the catchy title, “Hoodwinking Hope” is an interesting read for those interested in the workings of the mind. You do not need a vivid interest in psychiatry to be able to enjoy the book. One’s experience of life and interest in learning about life will take you through the book and it could be really hard to put it down once started.

The story is set with the characters from a mental health clinic in the background of Nainital. The plot involves not just the usual doctor–patient scenarios but takes a deep look at the lives of all, including the consulting psychiatrists, patients, and aides at the clinic. Though not from a medical background, the author seems to have done good research to learn the workings of a mental health setting. It is all very relatable for someone who works in this field and one stands a chance of relating to some of the characters a bit too closely. The author through the story explores the ever-changing dynamics between its central characters and takes the reader through various emotions such as despair, frustration, anger, animosity, compassion, and sense of duty through its characters. As the reader goes through the chapters, they would realize that there are no absolutes in life and no character, no matter how much of an achiever, the person might seem to the outside world, s/he is not infallible. The author brings out the human vulnerabilities and their strengths through the imperfect but well-sketched characters. One cannot help but wonder about the uncertainties of life and the unpredictable turns it often takes at unexpected moments.

The easy and simple to read language with a reader-friendly font is definitely a positive aspect of the book. The detailing of the setting and the characters is the strong backbone of the writing of the book. One of the weak points could be that the chapters in the book take the reader through the perspective of different characters at different points. This can affect the continuity of the reading and may cause the reader to take time to realign and focus their attention from a different perspective.

Overall, it is an interesting read which will be a special treat for those with interest in mental health especially. It gives the reader an insider’s view of the mental health setting and how it works. It can be a learning experience for budding young occupational therapists or any mental health professional to know the complexities and painstaking efforts needed to work with clients struggling with mental health. It highlights the need for self-awareness and the need to be mindful of the intertwined relationship between clients and professionals. Finally, the icing on the cake in this book would be the Indian context and relatability of such a book due to the familiarity of the culture and background of the characters.

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## VIRTUAL OTICON'2022

OTICON'2022: The 59<sup>th</sup> annual national conference of All India Occupational Therapists' Association (AIOTA) will be held virtually on 11<sup>th</sup> to 13<sup>th</sup> March, 2022. Theme of the conference is "Unmask the Masked Potential: Occupational Therapy Perspective". Dr. Lakshmanan S. (NIMHANS, Bangalore) (Email: oticon22@gmail.com) is the Organizing Secretary and Dr. Muralikrishnan S. (Chennai) (Email: oticonsc@gmail.com) is Chairman: Scientific Program Committee, for the Virtual OTICON'2022. The official virtual conference organizer is Alpcord Network Events & Conference Management Company Private Limited.

## SAMANTHA SHANN TO DELIVER KEYNOTE ADDRESS

Ms. Samantha Shann, (UK), President of the World Federation of Occupational Therapists (WFOT) has consented to deliver the Keynote Address on 11<sup>th</sup> March during OTICON'2022. She has also written the Guest Editorial: 'Learning from the Covid-19 Pandemic' for the IJOT 2021 Volume 53 Issue 4 (October - December) the Specialty Edition on "Innovations in Occupational Therapy Amidst Pandemic".

## SPECIAL LECTURE BY HARSH VARDHAN

Dr. Harsh Vardhan, NZROT, Program Manager, Family and Community Health, Population Health and Prevention, Ministry of Health, New Zealand will deliver a special talk on 12<sup>th</sup> March during OTICON'2022. The title of his lecture will be 'How Clinicians become Entrepreneurs and Managers? Unmasking the Shifts of Perspectives and Responsibilities'.

## PRE-CONFERENCE CONTINUING OCCUPATIONAL THERAPY EDUCATION

Preconference COTE during OTICON'2022 is being sponsored by Dr. Pranav Desai & Dr. Harsh Vyas in the staid memory of Late Dr. Ona Vyas Desai, formerly EC Member and Editor IJOT. The Title of Pre-Conference COTE is 'Occupational Therapy in Movement Disorders: Technology and Context'. The COTE is scheduled on 11<sup>th</sup> March 2022 from 11.30 am - 2.00 pm.

The resource persons

- Dr. V. Siddharth (Bangalore, India) will deliver talk on 'Role of Occupational Therapist in Advanced Management of Movement Disorders: The Indian Scenario'.
- Dr. Sushmita Mohapatra (UK) will speak on 'Occupational Therapy in Movement Disorders: Clinical Practice Examples from UK'.

Dean, Academic Council of OT: Dr. Jyothika N. Bijlani will coordinate the COTE.

## SIXTH EDITION OF BOOK PSYCHOPATHOLOGY AND FUNCTION

A comprehensive guide to understanding mental health: the sixth edition of Psychopathology and Function is authored by Bette R. Bonder and published by Slack Incorporated. It offers helpful insights and strategies for occupational therapists to understand the approaches of other disciplines, such as medicine, physical therapy, social work, psychology, and nursing, and work effectively in the care team. For free delivery, visit: [eurospanbookstore.com](http://eurospanbookstore.com)

## INVITED FOR GUEST TALK ON STRESS MANAGEMENT TECHNIQUES

Dr. M. Ramakrishnan, JIPMER Hospital, Puducherry (Kerala) and a member of the AIOTA is invited as guest speaker for the AMS Academic Day (Occupational Therapy), on Sunday 3<sup>rd</sup> April 2022, The AMS Academic Day is being organized by the Department of Occupational Therapy, Faculty of Associated Medical Sciences, Chiang Mai University, Thailand, via online platform. The title of his talk will be "Stress Management Techniques and its Implication on Alcoholic Patients in the De-addiction Center".

## RESOURCE KIT: UNDERSTANDING GOVERNANCE

The Resource Sheets related to a series of Modules on Understanding Governance, has been facilitated with support from the current leadership of New Zealand's Occupational Therapy Association. Thanks to all the contributors who volunteered their time for this. The PDF sheets have got all the relevant hyperlinks to the recordings of the main live sessions and supplementary interviews/resources. The main objective of this series is to enable and encourage individuals to step up for Governance and Leadership roles. Those interested may write to Dr. Harsh Vardhan (New Zealand) on [harsh.vardhan@health.govt.nz](mailto:harsh.vardhan@health.govt.nz). The Resource Sheets may also be procured from President AIOTA [president@aiota.org](mailto:president@aiota.org)

## WFOT: ICAN SURVEY

The World Federation of Occupational Therapists (WFOT) has recently conducted a survey of member organizations relating to the 'WFOT Innovative Change Agent Narratives' (ICAN) Project. The purpose of the project is to share narratives that highlight the role of occupational therapy in leadership, advocacy, policy and program development activities. One response from each WFOT Member Organization was requested for this survey by the 14<sup>th</sup> March 2022.

## RESEARCH GRANTS FOR OT STUDENTS ACROSS INDIA BY ICAIOTA

The International Chapter of AIOTA (ICAIOTA) has approved five research grants for occupational therapy students of the AIOTA accredited OT Colleges across India. It is open for UG/PG and also PhD. students. To submit application, students are advised to submit a proposal on the basis of guidelines

prepared by the International Chapter before 31<sup>st</sup> March, 2022. The proposal of the research project, if approved must be completed within a period of 12 months. For more information contact: Dr. Vijay Suple (Canada)

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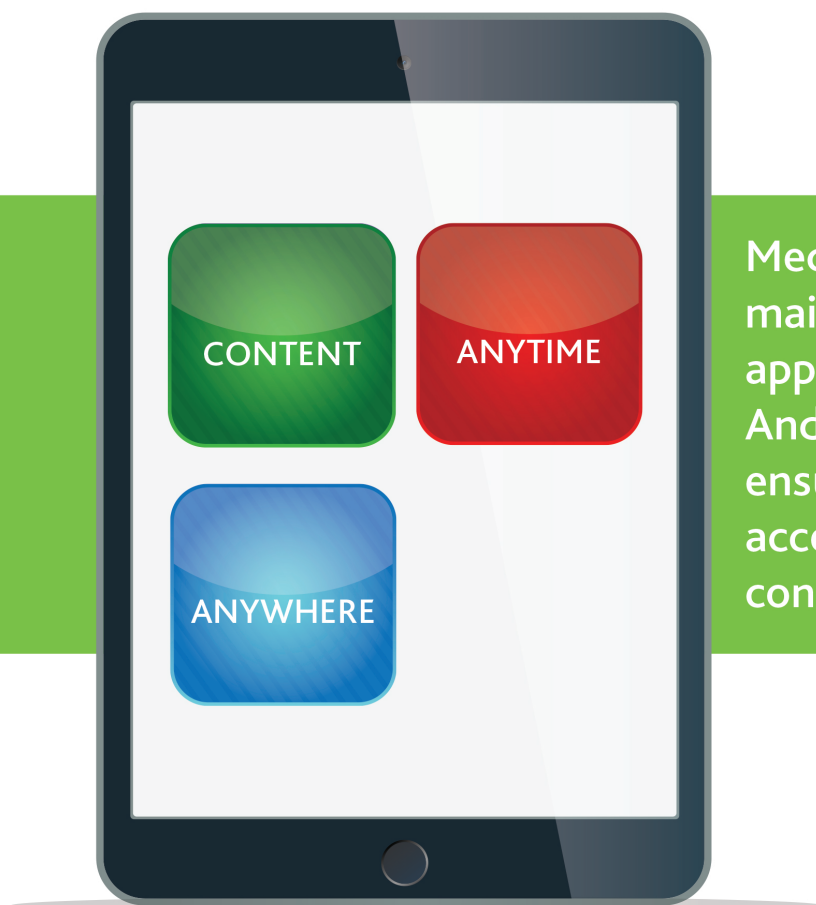
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